

# Aspire Austin Rules and Details

Zero Tolerance Pornographic/Obscene Material: No pornographic or obscene material of any kind may be kept or viewed in Aspire Austin homes. This includes material viewed on personal devices such as cell phones or laptop computers.

Zero Tolerance for drug or alcohol use. Members will not engage in the manufacturing, possession and/or distribution of illegal substances. Members will not use any mind alternating or addictive substance at any time while in residence, including substances meant to simulate illegal drugs such as CBD of any kind, bath salts, spice, rush, kava etc. - no exceptions.

Zero Tolerance for stealing. (Taking food from others without permission is considered stealing.)

Zero Tolerance for destruction of Aspire Austin or other member's property.

Zero Tolerance for any sexual activity on the property.

Zero Tolerance for physical confrontation or threat with any member or staff.

Members must be willing to submit a visual drug/alcohol urine screen at any time upon request from management. Failure to submit to a testing will be viewed as an admission of relapse and will result in immediate termination of membership and dismissal from the property. Members must also agree to submit to room, car and personal belonging, including electronic devices, search by a member of management at any time. If any resident suspects another member of using and does not notify the house manager, that person will be held responsible and removed from the house along with the user.

Members must inform the house manager of all new and existing prescribed medications immediately. All medication must be approved and will be stored in a medication locker by the house manager. All medications will be made available by the house manager to take as prescribed and each dose will be documented.

Absolutely NO Speed, Benzos or Narcotic prescriptions of any kind. If the house manager feels the member is

manipulating a practitioner for narcotics or "doctor shopping" it will be treated as a relapse. Members will not tell other members what medications they are prescribed.

Members will attend a minimum of 4 AA/or 12 step recovery meetings each week while residing at Aspire Austin. When at any in-person or zoom meetings, a picture identifying the resident's attendance will be sent to the appropriate staff member. Members must obtain and maintain a sponsor within 3 days of moving into Aspire Austin.

Members will participate in ongoing mandatory house chores understanding that if it's dirty, then it needs to be cleaned immediately. Resident's rooms and bathrooms must be clean and free of clutter at all times and beds must be made whenever the resident is not in the bed.

Residents will abide by a curfew. Everyone is expected to be home by 10pm 7 days weekly. If parole or probation has a different curfew set then the more restrictive curfew applies. For instance parole sets your curfew at midnight; the 10 pm curfew will apply. If parole set curfew at 8 pm; the 8 pm curfew will apply. If a resident will be late for any reason, that resident must call the house manager immediately. **NO OVERNIGHT PASSES.** All residents must be at the home 7 nights a week.

Mandatory In-house recovery meetings are Sunday, Wednesday & Friday at 8pm. You may miss Wednesday and Friday 8 pm in-house if in direct conflict with work schedule. If in the house you must attend. **EVERYONE MUST** be present on Sunday, attend the 7pm AA meeting, and 8pm accountability meeting.

Residents understand that no guest of the opposite sex will be allowed on the property at any time, no loitering out front of the home with a visitor. Any visitor to Aspire Austin property will be asked to leave immediately if suspected of use of any mind alternating substances. No guests including family are allowed in any bedrooms at any time.

Members having unusual job requirements must have Aspire Austin management approval, this includes (restaurants, bars, high stress positions, hours after 5pm, all require approval). Absolutely no graveyard shifts.

Vaping & smoking is allowed in the backyard area only absolutely no smoking or loitering in the front yard.

Members are not allowed to have pets.

Members give permission to the house manager and staff to maintain contact and give out information deemed necessary with sponsors, practitioners, parole officers and loved ones at any time.

Members will not leave any personal items in the common area. Any items left in the common (including bathrooms) will be thrown away. Personal items belong in your personal area.

## **Membership Fees**

Total cost: \$2000 monthly

Breakdown of costs: Bed, \$850. Services, \$1150

Bed - two person shared room, all utilities

Services - full time staff, in-home recovery meetings, life skills, employment opportunities, accountability, safe and sober environment, community resources.